

# Study Guide for Teachers

## Dance China New York *Acrobatic Power Plus*

presented by

**Young Audiences New Jersey &  
Eastern PA**

(866) 500-9265

[www.yanjep.org](http://www.yanjep.org)

### **ABOUT THE PROGRAM**

Be amazed by one of the world's oldest performing art forms. In this tour de force program, Dance China New York's beautifully costumed dancers demonstrate physical strength, precise balance, agility, and dexterity while showcasing spellbinding feats such as plate spinning, foot juggling, and the Chinese water bowl. An incredible introduction to how acrobatics are extracted from skills in daily life, work, and martial arts.

**Audience Limit: 250**

**Intended for grades K-12**

### **LEARNING GOALS**

Students will

- Be introduced to the culture and dance heritage of China
- Appreciate the skill and technique involved in the creation of traditional Chinese dance
- Gain a greater appreciation for diverse historical traditions

### **ARTIST INFORMATION**

Dance China NY (DCNY), resident dance company of the New York Chinese Cultural Center, is comprised of award-winning professional dancers from performance stages and academies throughout China and the United States. The company brings the richness of traditional folk dance, Peking Opera, and acrobatics to audiences through its education-based assembly programs. Noted for their powerful grace and contained elegance, DCNY performs regularly for audiences of all ages and has toured to hundreds of cities across 26 states. Each year, DCNY presents live performances and workshops to over 150,000 people, bringing the movements and rhythms of China to communities large and small.



### **BACKGROUND INFORMATION FOR STUDENTS**

Dance China New York takes audiences on a tour of the culture, customs, and dance heritage of China. The diversity of dance selections, authentic costumes, music, props, and the breathtaking dexterity of the acrobat and dancers will amaze and delight students. Not only will the audience witness the agility and skill of a Chinese acrobat, but they will be treated to the Red Ribbon Dance (a regular feature of holidays and celebrations across China); a Monkey King performance from a mythical tale adaptation of one of China's four celebrated epics, Journey to the West; and the Lion Dance, which captures the essence of Chinese celebrations worldwide, marked by the frolicking tricks of lions and their tamer.

## **BEFORE THE PROGRAM**

1. Have students do research in small groups on the People's Republic of China before the performance is to take place. Have groups teach each other about what they learned. Some topics to explore include geography, history, population, culture and lifestyle, and government. Students may want to focus on how these characteristics compare with those of the United States.

2. As a class, discuss how information and traditions are exchanged and passed on within a family or culture. Ask students to share stories, songs, or special traditions particular to their own families and cultures. Explore how important these traditions are for students. Some possible questions to explore include the following: Does it matter if students are recent immigrants? What about if their families have been in the United States for a long time? Why might this be the case?

## **RESOURCES**

### **Grades K-3**

Kate Waters and Madeline Slovenz-Low, *Lion Dancer: Ernie Wan's Chinese New Year*. Scholastic Press, 1991.

Ed Young, *Monkey King*. Harper Collins, 2001.

### **Grades 3 and up**

Frances Carpenter, *Tales of a Chinese Grandmother: 30 Traditional Tales from China*. Tuttle Publishing, 2001.

Arthur Cotteral, *Ancient China*. Dorling Kindersly, 2001.

Hugh Sebag-Montefiore, *China*. DK Children, 2007.

Nina Simonds and Leslie Swartz, *Moonbeams, Dumplings and Dragon Boats: A Treasury of Chinese Holiday Tales, Activities, and Recipes*. Harcourt Children's Books, 2002.

### **Web Resources**

Asia Society Kids: <http://kids.asiasociety.org>

The British Museum, Ancient China: <http://www.ancientchina.co.uk/menu.html>

China Institute: <http://www.chinainstitute.org>

Museum of Chinese in America: <http://www.mocanyc.org>

## **AFTER THE PROGRAM**

1. Review and discuss each of the dances seen during the performance in terms of origin and style and how the dances differed from each other. Consider the area in which each dance originated. Discuss how people of all cultures express creativity in different ways and incorporate objects common to their own culture.

2. In China, the color red is a symbol of celebration and good luck. What do specific colors symbolize in our culture? Consider the following:

- Red, white, and blue for patriotism.
- Red roses, white roses.
- To call someone "yellow."
- To be "green" with envy.
- To say someone has a "black" heart.
- Wearing white for a wedding, or black for a funeral.

Where did these color symbols come from? Are they still relevant to students today?

3. Make ribbons so that your students can do a Ribbon Dance. For each ribbon, you'll need 3 yards of thin rayon fabric/lining material in a 45-in. width. Cut it into 3 strips, each 15 in. wide by 36 in. long. These are your ribbons. Get inexpensive wooden dowels about  $\frac{5}{8}$  in. diameter from a hardware store. Have them cut to 15 in. lengths.

How to: Gather ribbons at one end of the dowel. With a small piece of duct tape secure the material on the tip of the dowel. Wrap the rest of the dowel with the tape. To prevent fraying of the material, put a seam at the end of the ribbon either by hand, with tape, or by machine.

## **VOCABULARY WORDS**

**ACROBATICS:** a spectacular, showy, or startling performance or demonstration involving great agility or complexity.

**CULTURE:** The customs, methods of self-expression, and beliefs of a group. Generally used to describe a large group of people, but every group has its own kind of culture, including families and friends.

**CUSTOM:** A usual way of doing something.

**DYNASTY:** A family that rules a country or empire, with one generation receiving the responsibility of ruling from another.